

Southside Family Nurturing Center 2023 Annual Update

Mission

Together with families and community, we nurture children, build on family strengths and find alternatives to violence.

Program

We accomplish our mission through early intervention, partnering and relationship building. We herald a dual-generation trauma informed program including 1) Therapeutic Early Childhood Education and 2) Family Support and Home Visiting.

Geographic Location & Population Served

We serve low-income BIPOC families with young children pre-natal to age five that at highest risk of long-term health and education disparities. All families live within a 2-mile radius of our center in the South Minneapolis Phillips community.

Services

Therapeutic Early Childhood Education

Children develop healthy social-emotional, physical, and cognitive skills – all related to Kindergarten readiness and successful educational and social outcomes.

- Trauma-informed program model
- Emphasis on safety and relationship building
- Intensive therapeutic programming
- On-site play, music, occupational, physical and speech therapies
- Multi-cultural environment celebrating diversity
- Dual language learning
- Low teacher-child ratios (never more than 1:5)
- Highly qualified early childhood educators
- Evidence-based, social emotional development focused curricula (HighScope & AMAZE)

Family Support and Home Visiting

Southside Family Nurturing Center pioneered dual-generation, holistic family services.

- Bi-weekly home visiting
- Bi-weekly delivery of healthy groceries to support early childhood development
- Family strengths-based model
- Self-directed goal planning
- Parenting skills development
- Parent engagement in the classroom
- Family events: shared meals and activities strengthen parent/child attachment
- Partnering with parents through support and advocacy
- Crisis intervention
- Community gardening
- Evidence-based Family Spirit home visiting curriculum

2023 Service Statistics

Families Served: 44

Family Members supported through Family Support Home Visiting Services: 173

Children age 0-5 years: 44

Children enrolled in Early Childhood Education: 41

100% of families served, live at or below 185% Federal Poverty Guidelines.

Demographics of children served in 2023 reflect the rich diversity of our community.

- Latino/Hispanic (68%)
- African Immigrant (14%)
- Native American (7%)
- African American (10%)

Outcomes / Program Accomplishments

Southside Family Nurturing Center utilizes measurable indicators of child and family achievement and program success across three outcomes areas. Below are our actual outcomes for 2023 with our goals for children and families enrolled in our program in parenthesis.

Children are Healthy

- 78% of children are up-to-date with immunizations (95%)
- 95% of children complete annual well-child checkups (100%)
- 100% of children consume a nutritious breakfast and/or lunch Monday-Friday (95%)

Children are Ready for School

- 100% of children enrolled are assessed for developmental delays (100%)
- 71% of children who were not age appropriate received early intervention including occupational, speech, physical, music or play therapy (90%)
- 92% of children maintain or improve their social-emotional functioning (85%)
- 63% of children showed 1 or more years of developmental process in all areas of development over 12 months (85%)

Children Live in Safe, Stable, and Nurturing Environments

- 68% of families demonstrate positive, responsive parenting techniques that support children's social, emotional, cognitive, and physical development (75%)
- 73% of families consistently promote their children's language development (85%)
- 100% of families access community resources and referrals (95%)

2023 Financials

REVENUE & EXPENSES	2023
Revenue	
United Way	\$ 84,000
Corporations, Foundations, & Civic	510,733
Individuals	177,800
Church/Civic Groups	-
Scholarships & Program Fees	-
Government Funding	302,430
Subcontract Income	-
Other	64,869
Total	\$ 1,139,832
Expenses	
Program	\$ 888,438
Management & General	132,336
Fundraising	162,593
Total	\$ 1,183,367

ASSETS & LIABILITIES	2023
Assets	
Cash	\$ 374,336
Investments	759,114
Promises to Give & Receivables	319,449
Prepaid Expenses	13,362
Land, Building & Equipment	1,023,059
Other	51,376
Total	\$ 2,540,696
Liabilities	
Accounts Payable	\$ 8,300
Notes Payable	218,843
Other	47,055
Total	\$ 274,198
Net Assets	
Without Donor Restriction	\$ 2,090,009
With Donor Restriction	176,489
Total	\$ 2,266,498
Total Net Assets & Liabilities	\$ 2,540,696

Leadership

2023 Board of Directors

Joy Shealer Orson, Chair

Ben Paul, Vice Chair

Jonathan Horick, Treasurer

Randy Nelson, Secretary

Zoe Brown, Board Member

Raleigh Fromstein, Board Member

Fred Herron, Board Member

Srinivas Meganath, Board Member

Key Staff

Julie Ellefson, Executive Director

Jennifer Bridges, Program Director

Diane Cullumber, Development Director

Laura Beth Landy, Finance Director

Thank you for partnering with us to nurture safe and strong futures!

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