

ANNUAL REPORT 2017-2018



FROM THE EXECUTIVE DIRECTOR

Dear Friends,

Thank you for your support of Southside Family Nurturing Center. Your commitment and contributions help nurture children, build on family strengths, and break cycles of intergenerational trauma.

We know that the brain is the most impressionable in infancy and early childhood, and what a damaging impact trauma can have on early brain development and life trajectories. It is also the time when children's brains are most open to learning, nurturing influences and change. This is one of the very reasons our early childhood therapeutic education and home visiting program is making a remarkable difference in the lives of the children and families. Year-after-year our outcomes show that children are healthy, ready for school, and living in safer and more nurturing home environments. Thank you.

On the eve of our 45th anniversary, we rolled out a new logo that reflects the dualgeneration, intertwined relationships between children and their families. Spirals are suggestive of early brain development, a person's life path, and essential nurturing adultchild relationships. We've anchored the new logo in calm hues to reflect our traumainformed practices. We hope you like it.

Kindest Regards,

Andiallef

Julie Ellefson, Executive Director



TOGETHER WITH FAMILIES AND COMMUNITY, WE NURTURE CHILDREN, BUILD ON FAMILY STRENGTHS, AND FIND ALTERNATIVES TO VIOLENCE.

THERAPEUTIC EARLY CHILDHOOD EDUCATION

Children develop healthy socialemotional, physical, and cognitive skills – all related to Kindergarten readiness and successful educational and social outcomes.

- Trauma-informed program model
- Emphasis on safety and relationship building
- Intensive therapeutic programming
- On-site play, music, occupational, and speech therapy
- Multicultural environment celebrating diversity
- Dual language learning
- Low teacher-child ratios (never more than 1:4)
- Highly qualified early childhood educators
- Evidence-based, social emotional development focused curriculum (HighScope)

- Multicultural, anti-bias curriculum (AMAZE)
- Continuous developmental
 assessments and goal planning
- Four-star Parent Aware Rating & NAEYC Accredited

FAMILY SUPPORT AND HOME VISITING

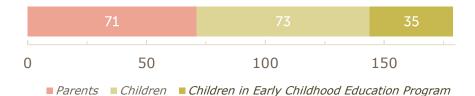
Southside Family Nurturing Center pioneered dual-generation, holistic family services.

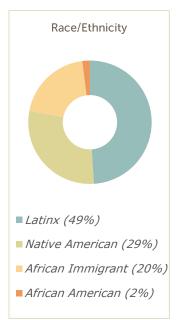
- Bi-weekly home visiting
- Family strengths-based model
- Self-directed goal planning
- Parenting skills development
- Parent engagement in the classroom
- Family events: shared meals and activities strengthen parent/child attachment
- Partnering with parents through support and advocacy
- Crisis intervention
- Licensed adult mental health therapy



ABOUT OUR FAMILIES

IN 2018, WE SERVED 179 FAMILY MEMBERS.



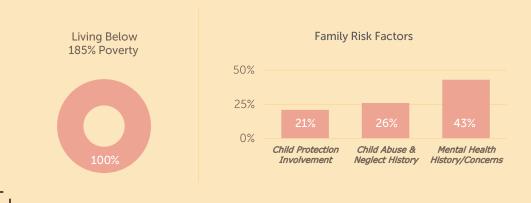


Parents partner to help themselves.

- Become less isolated
- Strengthen positive parenting techniques
- Maintain healthy parent-child interactions
- Increase self-sufficiency for themselves and their families
- Find and use community information and resources to support themselves and their children

Parents partner to help their child.

- Develop trust
- Establish healthy relationships with adults and other children
- Foster a sense of self-worth and community
- Build skills to self-manage emotions
- Develop social and emotional skills for success in school and in life.



2018 OUTCOMES



CHILDREN ARE HEALTHY.

- 88% of children are up to date with immunizations
- 100% of children completed annual well child checkups
- 100% of children engage in regular tooth brushing
- 100% of children consume a nutritious breakfast and/or lunch Monday Friday
- 100% of children explore the world of food cultivation

CHILDREN ARE READY FOR SCHOOL.

- 81% attendance Rate over 12 months
- 93% show progress in all areas of development
- 93% who were not age appropriate received early individual therapeutic intervention: speech, OT, play, or music therapy
- 97% maintained or improved their social/emotional functioning(ASQ-SE)
- 60% of children demonstrated more than 6 months developmental progress when evaluated over a six-month period





CHILDREN LIVE IN SAFE, STABLE AND NURTURING ENVIRONMENTS.

- 74% of families demonstrate positive, responsive parenting techniques
- 91% of families consistently promote their child's language development
- 85% of families access community resources and referrals
- 88% of parent households actively participated in regular home visiting for an average home visiting and family event engagement of 4.5 hours/month

HIGHLIGHTS

2017

- Prioritized the integration of the AMAZE Anti-Bias/Anti-Discrimination Curriculum into all SSFNC classrooms with the leadership appointment of May Louise Shea as champion of the initiative.
- Diversified funding including securing one new major donor with a sustaining 3 year renewing commitment.
- Established mutually beneficial partnerships with LifeTrack, Caperneum Pediatric Therapies, and MACC Metropolitan Alliance for Connected Communities for reflective practice, deeper therapeutic impact, and efficiencies.
- Successful 2nd Annual Surly Event cultivated many new SSFNC Friends, and raised over 25K.



2018

- Celebrated Harvey Winje and Susan Gust's well-deserved retirement from Facilities Management at SSFNC after over 40 years of dedicated service to our mission.
- Submitted two requests to the Minnesota Department of Health for Family Spirit Home Visiting Program funding. Consequently in 2019, SSFNC was awarded one, 3year MDH Evidence Based Home Visiting Grant
- Launched SSFNC's new logo and marketing campaign in partnership with Olio designer, Danielle Tornquist. Our logo speaks to the impact of safe and nurturing child/adult relationships in children's early brain development, and their essential contribution to lifetime health and education outcomes.
- Successful 3rd Annual Surly Brewing Event cultivated many new Friends and raised over \$25K
- SSFNC adopted an equity and inclusion policy to guide our work and the majority of staff roles are filled by diverse individuals reflective of the communities served in our program. Read our policy on the next page.

SSFNC EQUITY STATEMENT

"Together with families and our community we nurture children, build on family strengths and find alternatives to violence." At Southside Family Nurturing Center, we envision health and education equity for children and families of color, living in poverty and at risk for abuse and neglect.

We:

- invite and celebrate racial and cultural differences present in our community under one roof,
- nurture and honor each person's self-identity and self determination
- reject bias and discrimination,
- engage the community we serve to shape and inform change
- invest limited resources in the future of families with highest need
- and, believe that with early intervention and a community of political will, we can eliminate health and education disparities in Minnesota.

Our strategic path toward equity will specifically promote and direct both public and private investments and initiatives, to children and families experiencing the highest disparities in health and education outcomes by race and income in Minnesota.

We achieve equity by delivering a culturally relevant, holistic, dual-generation model, combining targeted home visiting and therapeutic early childhood education.

We seek "equity" and we value "equity". Southside Family Nurturing Center seeks to reflect our value in all aspects of service delivery, programming, employment, organization leadership, curriculum, and community collaborations.



FINANCIALS

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REVENUE & EXPENSES

Revenue		2017		2018		
United Way & Women United		\$220,000		\$310,000		
Corporations & Foundations		\$1,047,969		\$239,046		
Individuals & Events		\$182,990		\$127,367		
Scholarships & Program Fees		\$103,397	\$103,397		\$67,404	
Other*		\$7,037		\$9,291		
Total		\$1,561,393		\$753,108		
Expenses	2017		2018			
Program	\$722,849	74%	\$741,615		73%	
Management & General	\$134,957	14%	\$151,378		15%	
Fundraising	\$117,377	12%	\$121,66	\$121,665		
Total	\$975,189	\$1,014,658				

* Church groups, in-kind, rental income and misc.

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WHEN PARENTS RECEIVE THE SUPPORT THEY NEED, THEY NURTURE, SAFE AND STRONG FUTURES FOR THEMSELVES AND THEIR CHILDREN.

ASSETS & LIABILITIES

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Assets	2017	2018
Cash	\$459,629	\$297,548
Pledges & Receivables	\$409,304	\$360,596
Prepaid Expenses	\$3,930	\$7,888
Building & Equipment	\$1,243,729	\$1,175,630
Other	\$36,340	\$14,171
Total	\$2,152,932	\$1,855,833
Liabilities	2017	2018
Liabilities Accounts Payable	2017 \$10,537	2018 \$10,583
Accounts Payable	\$10,537	\$10,583
Accounts Payable Mortgage	\$10,537 \$301,466	\$10,583 \$289,278
Accounts Payable Mortgage Other	\$10,537 \$301,466 \$65,652	\$10,583 \$289,278 \$42,245

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BEING CULTURALLY RESPONSIVE

Sam was referred for speech therapy by his teacher. When the home visitor brought the referral to the Sam's family initially, they did not want him to receive the service. They felt that the teachers were saying that Sam couldn't learn and that the way he had been communicating was incorrect. The home visitor talked to elders in the community before approaching his parents again. This time, the home visitor was able to share information about speech development in the context of their culture and highlight the child's strengths. This made the family feel comfortable with the referral. They said they felt like they were included in the conversation about their son's needs and appreciated the culturally specific information that painted a more accurate picture of their child.

DONORS

FEATURED VOLUNTEER & DONOR: JIM MCCORMACK



Supporting Southside is a Family tradition for Jim McCormack's family. His motherin-law, Agnes Regan, was a long time volunteer and donor and when she passed away his wife and daughters continued their financial support. Jim, also volunteers weekly and says, "I am impressed with the work being done and the caring, loving staff I see in action. I love working with the little ones and playing a role in their development. I continue because being a "grandfather" figure for them is personally very rewarding." Jim has been so taken with Southside and the children that he's enrolled in child development classes at the University of Minnesota in order to better serve the children.

THANK YOU TO OUR 2017 & 2018 SOUTHSIDERS!

Your monthly gifts sustain our work throughout the year.

- Michael Aafedt & Deborah Sundquist Karen Dahlen Richard Deopere Allison Fredlund Cary & Janet George Amy Kerber Samantha Kowalski Al and Ruthanne Lapinsky M. Maria Lopez
- Judith Mattison Sean Marshall Eileen & Jim McCormack Regan McCormack Wendy Elaine Merrell Esther Migiro Jeanne Mugge Bryan Nelson L. Michelle Thompson Angie & Lane Urtel

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Kathleen Pegg, In honor of the baptism of my granddaughter, Amelia Buckley

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Joan Schoenecker and Patrick McKee, In memory of Alice Parsons

Peggy Smith, In honor of Linda and Marty Haugen

Myrtle Spielman, In memory of Alice Parsons

Ted and Patricia Stark, *In memory of Alice Parsons*

John Stoltenberg and Joseph Hamilton, *In* honor of Diane Stoltenberg and Fred Holzapfel

Anonymous, In honor of Sandra Fuller-Thielen

Gregory Wong, In honor of Gary Wert



We have made every effort to list our donors accurately. Should an error have occurred, please accept our apologies and contact Diane Cullumber at 612-721-2762 or dianecullumber@ssfnc.org so that we may correct the error.



Thank you for partnering with us to nurture safe and strong futures! www.ssfnc.org



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